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LEONARDTOWN ORGANIZATION AWARDED GRANT FROM ALZHEIMER'S FOUNDATION OF AMERICA

NEW YORK (January 30, 2017) — The Alzheimer's Foundation of America (AFA), a national non-profit organization that unites more than 2,600 member organizations nationwide with the goal of providing optimal care and services to individuals living with dementia and their families, has awarded a \$5,000 Phyllis and Milton Berg Respite Care Grant to St. Mary's Nursing Center, a non-profit organization in Leonardtown, Md. The grant is named for the deceased parents of Barry Berg, the AFA board's treasurer. Both of Berg's parents passed away in 2009. His mother, Phyllis, had Alzheimer's disease, and his father, Milton, was a devoted caregiver. The grants are awarded to AFA member organizations that provide respite services, such as adult day programs or in-home aides, to help give family caregivers a much-needed break.

Melinda Lyon, Operations Director for St. Mary's Nursing Center, said "The staff of St. Mary's strives daily to enhance and develop services to meet the varying healthcare needs of our community. AFA's ongoing support to our facility has played a large role in the success of the programs we offer and we are grateful for the service they provide."

St. Mary's Nursing Center is a nursing care center offering long-term care, short-term rehabilitation and respite care. They offer physical, occupational and speech therapy. Their goal is to provide quality of life services to the adult population in their community. They provide a

variety of programs and events to keep their clients entertained and stimulated, including games, religious activities, and exercise.

“St. Mary’s Nursing Center plays a vital role in helping families get the care and services they need,” said Charles J. Fuschillo, Jr., AFA’s president and chief executive officer. “Studies have shown that respite care, which provides a break for the caregiver but also engagement for the individual living with the illness, can aid in maintaining caregiver health and delay costly nursing home placement. We are proud to award them this grant to further their efforts in helping their community.”

AFA is able to provide vital services, like this grant, as a result of the generosity of individual contributions, sponsorships and fundraising activities. To help support these initiatives, visit <http://www.alzfdn.org/Donation-Page/donate-to-find-a-cure-for-alzheimers-disease.html>. For more information about AFA membership and grant opportunities, visit <http://www.alzfdn.org/AFAServices/aboutAFAGrants.html>.

About Alzheimer’s Foundation of America (AFA):

The Alzheimer’s Foundation of America, based in New York, is a non-profit organization that unites more than 2,600 member organizations nationwide in the goal of providing optimal care and services to individuals living with dementia, and to their caregivers and families. Its services include a national, toll-free helpline (866-232-8484) staffed by licensed social workers, educational conferences and materials, a free quarterly magazine for caregivers, the National Memory Screening Program, and “AFA Partners in Care” dementia care training for healthcare professionals. For more information about AFA, call 866-232-8484, visit www.alzfdn.org, follow us on [Twitter](#), or connect with us on [Facebook](#) or [LinkedIn](#).